

Tucson Swing Dance Club Newsletter



Swing Dance Club

The Official Publication of the Tucson Swing Dance Club: Established 1977 by Rose Marie Burrell

Volume 28, Issue 9

September 2005

President's Message

Hello everyone.

The Jack & Jill finals are over and the new contest season has begun! Please be sure to take a look at the rules for our contests. There have been a few changes that will start in this new contest year. After viewing the new rules if you have a suggestion please see Marta or myself.

Starting with this issue of the Newsletter we have a new Editor. It's Jane Morgan. She has lots of great ideas and is changing a few things. Let her know what you think. I want to give Sheldon Ross a big "Thanks!" for having done the Newsletter these past few months. Sheldon was drafted into the position and graciously helped out.

I also wanted to thank Robert Vaughn for stepping in and teaching the Club Dance on short notice. The classes were great. We will have Robert back in the near future for the entire month. If you

enjoyed his classes he teaches in town, and he often attends the Thursday night dance if you want to get information. His phone number is also on the Web site.

For the month of September our Club instructor will be Wendy Miller. The quality of our Club instructors is second to none.

Lots of new people have attended the Club in recent weeks. Be sure to give those folks for a dance and let them see how much fun swing can be.

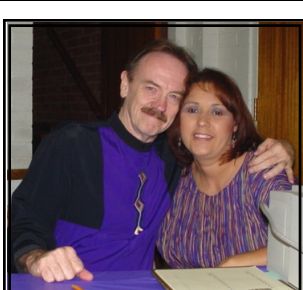
If you have input on our contests or other Club business remember the Board meetings are open to everyone. You can also make your interest known if you would like to be on a Jack & Jill committee. That's where the decisions get made.

Don't forget, the weather starts to cool in September so we can heat up our dancing. Until next month I'll see you out dancing. Bill Garrity



**President
Bill Garrity**

Marta's Message: NEW JACK & JILL CHANGES - Reminder NO JACK & JILL CONTEST in September Check the Web Site, www.tsdc.net, for new changes to the point system and division placement.



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August Finals Jack and Jill Winners

Division	First Place	Second Place	Third Place
Novice	Chris and Heather McLean	Shadow Nightwing & Lisbeth Bergstrom	Jim Shiner and Gail Vamadeva
Intermediate	Rich Criderbring and Tiffany Ellender	Mike Gadberry and Lori Sunderland	Jim Davis and Lori Sunderland
Advanced	Hondo Velasco and Jane Morgan	Robert Vaughn and Darian Barrett	Cruz Dominguez and Ellen Colonna Grootegoed

Novice:

Heather and Chris

Lisbeth and Shadow

Gale and Jim



Intermediate:

Mike and Lori

Lori and Jim

Tiffany and Rich



Names are listed from left to right. For placement order refer to the box at the top of the page.

See October issue for more great photos

Advanced:

Cruz and Ellen

Robert and Darian

Honda and Jane



Photography by Shadow! Nightwing



TSDC'S 28th Anniversary Party!

September 22nd

6245 E. Bellevue Street- from 7-10:30pm

POTLUCK DINNER—Bring a dish and you get in free.

It's all you can eat!

Hot Dogs and Beans will be provided by the club.

Dinner starts at 8pm.

Pajama Party Theme



CONTEST— Strictly Swing

So pick your favorite partner and the DJ will pick the music.

WELCOME TO WEST COAST SWING DANCE CLUB by Jane

Keep in mind that each instructor of West Coast Swing may teach the same move a little different depending on the instructors own style.

Since West Coast Swing is an interpretative dance, there are many variations on the same moves.

As you learn this dance, you will develop your own style.

It is important to develop good, strong, clean basics.

Practice the moves that you

learned each day.

Repetition will speed up your learning process.

Listen to music and learn to c o u n t
1 2 3 and 4 5 and 6
or Walk -- Walk -- Triple Step
-- Triple Step

Not all music will have this rhythm.

Dancing is a sport, so warm up, cool down, stretch, and drink lots of water.

The most important equipment for dance is the proper

footwear. Shoes should have a smooth bottom. Shoes should be able to swivel on the floor. Sneakers, sandals and flip flop shoes are not advisable. Ladies heels should be stable and not be too high.

Guys, take keys and cell phones out of your pockets.

Be aware of others on the dance floor.

Good manners are always appreciated.

Welcome to the Club.

Beginners and New Dancers by Jane

Once upon a time we were all new beginner dancers.

Its hard work. Stay with it.

Overcome your fear of rejection.

You may feel intimidated by all those good dancers having so much fun.

But, keep dancing anyway.

Ask anyone and everyone to dance with you.

It's OK for women to ask men to dance.

Stay with it. Keep dancing anyway.

Practice, Practice, Practice.

Don't forget that we were all beginners too, once upon a time.

Practice, Hard Work, Floor Time and Good Results will happen.

If you have a Beginner story that you would like to share in the newsletter, see Jane.

Keep moving

Keep grooving

Keep improving

About West Coast Swing Dance by Jane

West Coast Swing is a lead and follow dance.

West Coast Swing can be done to a variety of music styles.

West Coast Swing is danced in a slot or track.

The track area belongs to the follower.

The leader shares

the track and steps out of the follower's way.

West Coast Swing has many basic moves and endless variations for more advanced dancing.

West Coast Swing is a smooth dance.

There is no hopping, bouncing, or shoulder dipping in West Coast Swing.

Good posture is used in West Coast Swing

The three basic rhythms consist of single time, double time and triple time steps.

Single rhythm is walk.

Double rhythm is tap or touch step.

Triple rhythm is step three times.

New Members

Ruth Ann Matthews

Joe & Colleen Sheppard

Kari Rasmussen

Dr. Lucille Lang

Todd Crawford

Kate Mc Andrew

Mario Raso

Laura Eldridge

Victoria Bursott

Caroline Mezapelle

Sherry Lotz

Mireya Osuna

Randy Hays

*"Famous PJ people"
Imagine
John Lennon and
Yoko Ono*

**Buy New PJ's
And donate them to
Charity after the
Anniversary Party**



*Wendy's bio will be
in the October issue*

Club History—ANNIVERSARY

The Tucson Swing Dance Club was Established in 1977 by our founder Rose Marie Burrell. The idea of a dance club in Tucson came to Rose Marie after attending a West Coast Swing Dance Convention in San Diego, California. Rose Marie guided the club as President with a small group of dance enthusiasts while the club moved from place to place in an attempt to establish a home base. The Tucson Swing Dance Club has been up and dancing at its current location for over a decade, with our current membership at approximately 150.

**Our Anniversary Party will be September 22nd.
This is a special event
that you don't want to miss.
This year's theme is a "PAJAMA PARTY"
We will have a "STRICTY SWING" contest.
Bring a potluck item and get in free.
(Written by Jane)**

Strictly Swing Contest

What is a Strictly Swing contest?

This will be a no division contest, open to all. To make this different from a normal Jack n' Jill contest, select someone that you don't normally draw in your division. Pick you partner in advance. Practice together to come up with a couple of good moves. On the night of the contest the DJ will select the music.

Perform your stuff, be judged, win prizes, not points.

VOLUNTEERS ARE ALWAYS NEEDED FOR DECORATING AND CLEAN UP FOR ALL SPECIAL EVENTS. Decorating begins at 5pm before the event.
(Written by Jane)

Invited Instructor of the Month Spotlight—September

Wendy Miller is our West Coast Swing dance instructor for the month of September.

Thank you for volunteering a month of your instruction to TSDC. We are all better dancers because of you.



Reminder:

**No
Jack & Jill Contest
for September**

**Contest Season
Starts
in October**

Now That The Contest Is Over!

We all have mixed emotions and opinions to deal with following a contest. Some comments are; "the judges don't like me" and "I had a bad partner" and "I'm not going to compete any more". I think all competitors have said these words.

Sometimes we win, when we should have lost. Sometimes we lose, when we should have won. Sometimes the dance feels great, but doesn't present well to the audience. Sometimes the dance doesn't seem all that special, but does present well to the audience.

Don't Quit! Don't Give Up! Review the video tape of the contest. Watch it over and over, study your presentation, your posture, your technique, your footwork, your arm styling, your facial expressions, your head movement, your connection with your partner, your timing, your teamwork, and music interpretation.

Ask the judges where they feel that you need to improve. Then work on their suggestions.

Remember, that it's ONLY a dance. When you are having FUN, it shows. Connect well with your partner and communicate through the music with each other.

BE A GOOD PARTNER!

(Written by Jane)

Member Spotlight —Getting to Know You

Steve Slocum

How did you hear about TSDC?

While I was looking on the Internet for practice information on East Coast Swing. That is were I found information about West Coast Swing and the TSDC..

What dance background, if any, do you have?

I took lessons with Parks and Recreation to learn East Coast Swing. I have been learning Argentine Tango, as well.

How long have you been dancing West Coast Swing?

I took a few West Coast Swing lessons a couple of years ago. I have been attending lessons four times a week for the past few months.

How has dancing enhanced your life?

Dancing has been a great relief after working in a high stress environment all day.

What do you do for your day job?

I run a local office for a high tech firm based in Anaheim, CA.

What family, children, and pets do you have?

I have 2 daughters, 2 granddaughters, and 3 ferrets.

What interests, hobbies, and sports do you participate in?

I am a bicyclist and travel to Mammoth and Telluride to Snow Ski.

What are a few of your favorite things?

I enjoy jumping in the pool about 10 times a day on the weekend. I enjoy red wine, AZ sunsets, mountains at night, skiing, and, of course, dancing .

Steve is like most of us, a member of the dance addiction club!



Thank you
System Composites
and
Steve Slocum
for the indefinite loan
of the computer
used for creating
the TSDC Newsletter.

Rust & Associates, LLC
JAN C. RUST, EA, CLDP, REALTOR

Tax Preparation, Real Estate,*
Notary, Paralegal Services
9865 E. Creek St. Tucson, AZ 85730
520-275-6634/520-721-7962
Jcrrrealtor@aol.com
Real Estate offered through Tierra
Realty

Paid Advertisement

Basic West Coast Swing Lessons

By Hondo Velasco and Jane Morgan

6-week class at Robinson's May
El Con Mall 3rd floor — Oasis Center
7-9 pm Mondays
520 206-6468

Refer to the Pima Community College Catalog for class
registration dates.
Partners not required

(Thank you Al Henderson for all your years of generosity. Jane)

Paid Advertisement

September 2005

Sun Mon Tue Wed Thu Fri Sat

				1 **NO** Jack & Jill DJ Jim Buchanan Wendy Miller instructing	2	3
4	5	6	7	8 DJ Ron Gonzales Wendy Miller instructing	9	10 Happy Hour at the Holiday Inn 4550 S. Palo Verde 7pm
11	12	13 Board Meeting 7pm 1651 N Nancy Rose	14	15 DJ Scott Miller Wendy Miller instructing	16	17
18	19	20	21	22 Anniversary PJ Party DJ Jim Buchanan Wendy Miller instructing	23	24
25	26	27	28	29 DJ Joe Erker Wendy Miller instructing	30	

Thursday dances: 6245 E. Bellevue Street 520 745-0255 www.tsd.net

Beginning lesson 7-7:45pm Intermediate lesson 8-8:30pm Dancing until 10:30pm

Dance Spots

Greater Phoenix Swing Dance Club

4853 E. Thomas Road, Phoenix
 WCS lessons 5-7pm Sunday
 followed by open dancing until 10pm
 Find them on the web
 at www.gpsdc.com for more details

Paid Advertisement space is available to provide more Dance Location information

Results from Arizona Classic will be in the October issue

I apologize if I left anyone out or misspelled your name. Please tell me so I will be correct in the future. Thanks Jane.

SUMMER DANCE CAMP Palm Springs, California

- Novice Jack & Jill: 1st James Hood
 2nd Mike Gadberry
 3rd Christopher Hughes
- Advanced Jack & Jill: 2nd Darian Barrett
- Advanced Pro Salsa: 5th Autumn Bear
- All Stars Jack & Jill: 4th Lisa Brink
 5th Jesse Dickson and Autumn Bear
- Novice Strictly Swing::
 1st James Hood and Tamara Hood
 3rd Mike Gadberry
 5th Ron and Faye Satterfield
- Masters Jack & Jill 4th Mike Gadberry

TSDC
Happy Hour
Second Saturday
Each month
See:
Rosanne Crago
For details



Ten Tunes X2 from DJ – Jim Buchanan

BLUES

- 01 – BEWARE OF THE DOG – Barbara Carr
- 02 – BIG HEAD HUNDREDS – Johnny Taylor
- 03 – CHAIN OF FOOLS – Fantasia
- 04 – IF YOU LOVE ME LIKE YOU SAY – Deborah Coleman
- 05 – LET THE GOOD TIMES ROLL – Bobby Womak
- 06 – SHAME! – Mighty Mo Rogers
- 07 – STROKE IT – Barbara Carr
- 08 – THE THRILL IS GONE – Robert Flack
- 09 – WALKIN BLUES – Colin James
- 10 – SWEET SIXTEEN – Junior Wells

CONTEMPORARY

- 01 – BROWN EYES BLUE - Ben Harper
- 02 – BUMP - Raven-Simone
- 03 – DANCE & SHOUT – Shaggy
- 04 – DON'T YA – Tori Amos
- 05 – GOT TO GIVE IT UP – Aaliyah
- 06 – PAPER – Queen Latifah
- 07 – RIDERS ON THE STORM – Snoop Dog / the Doors
- 08 – SUPERSTAR – Jamelia
- 09 – THE WAY U MOVE – Outkast
- 10 – DROWNING IN THE SEA OF LOVE –Kirk Wjalum



DJ Jim B

"He who thinks he knows, doesn't know.

He who knows he doesn't know, knows."

The TSDC Club Newsletter needs a light weight monitor donation for the creation of this Newsletter. If you have information please contact any TSDC Board Member.

Let Your TSDC Newsletter Editor Know:

Dance Convention Winnings by our TSDC Members

And Announcements

Before the 15th Deadline date

September Birthdays

Tony Ankemy	9/03
Darian Barrett	9/05
Tamara Kuehl	9/08
Helen Clark	9/09
Jenece Gungl	9/09
Thomas Sorenson	9/09
Christa Devitt	9/10
Mario Raso	9/11
Beth Luhman	9/11
Caroline Mezzapelle	9/15
Victoria Bursott	9/16
Todd Crawford	9/18
Virginia Alvarez	9/22
Jennifer Goff	9/22
Heather McLean	9/23
Shirley Murray	9/25
Jane Morgan	9/26

Get in FREE during the week of your Birthday

Advertise to Your Fellow Club Members!

Support TSDC by advertising in the newsletter. Send camera-ready ads and checks payable to the Tucson Swing Dance Club to: TSDC, P.O. Box 32226, Tucson, Arizona 85751-2226, or email a Postscript file of your ad to tsdcnewsletter@gmail.com and drop your check in the mail.

Must be received by the 15th of the month for the following month's newsletter.

Issues	1	2	4	6
Business card	\$7	\$13.50	\$25	\$35
Quarter page	\$14	\$27	\$50	\$68.50
Third page	\$19.50	\$37.50	\$65	\$95
Half page	\$25	\$45	\$70	\$100
Full page	\$40	-	-	-
Single-sided insert	\$50	-	-	-
Double-sided insert	\$80	-	-	-



Thank you to Heather and Chris MacLean for the very professional WEB Site

TSDC 2005-2006 Board

Elected positions:

President	Bill Garrity
Vice President	Wayne Scheibe
Treasurer	Shadow Nightwing
Membership	Jim Davis jaydavis1@earthlink.net
Corporate Secretary	Laura Loman-Pressler

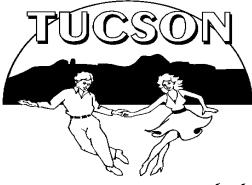
Appointed directors:

Music Director	Jim Buchanan
Sergeant-at-arms	Eddie Gill 746-3142
Hospitality/Publicity Director	Marta Buchanan
Dance Director	Lisa Brink
Appointed coordinator:	
Contest Coordinator	Marta Buchanan
Newsletter Editor	Jane Morgan

**Roommate Wanted
3 Bedroom House in foothills
With pool, garage, nice views
\$500/month plus 1/3 utilities**

**Call Steve
250-1049**

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520-256-6801**



P.O. Box 32226
Tucson, AZ 85751-2226

We're on the WEB!
WWW.TSDC.NET

Swing Dance Club

Tucson Swing Dance Club

The only place to be on Thursday

Free pass

This pass entitles _____
to a free beginner's lesson at the Tucson Swing Dance Club, compliments of

who is a club member. **Good for the first visit only.**

Tucson Swing Dance Club - 6245 E. Bellevue - 520 745-0255 www.tsdc.net

Beginning Lesson at 7pm
Intermediate Lesson at 8pm
Open dance till 10:30pm

Member entry donation \$3.00
Guest and non members \$5.00

Annual membership \$25.00

Hot Line phone #520 745 0255

Dance Lessons At the Club

Each month the club dance instructors teach the beginning patterns in West Coast Swing. Students may start the lesson sequence on any Thursday.

First Thursday of the month: Left side pass, underarm turn, underarm turn with a hand change, and the right side pass.

Second Thursday: 4-beat starter step, throwout, closed basic.

Third Thursday: Sugar push, tuck throwout, turning basic.

Fourth Thursday: Basic whip, whip with an inside turn, whip with an outside turn.

Fifth Thursday: Basket whip and variations.

We recommend taking the basic class for three months before going on to the intermediate class. Intermediate classes teach pattern variations, combinations, and syncopations beyond the basics.