

# Tucson Swing Dance Club Newsletter



The Official Publication of the Tucson Swing Dance Club: Established 1977 by Rose Marie Burrell

Volume 29, Issue 10

October 2005

## President's Message

Hello everyone.

Our J & J finals were really great this year. We give out very nice prize money to try and encourage the best dancers in the city to participate. From an observer's perspective, the big event of the night is the advanced contest. Prize money is given out that way too. The advance gets the largest % of money and so does 1st place within each division. I hope you enjoyed the show as much as I did. The new season starts this month. If you have never competed, but want to, see Lisa Brink to test in.

We also have some changes in the J & J rules. Jim Davis covers specifics later in this issue. I wanted to explain why we changed some things. Some of our contests are fairly small in the number of participants. That makes it possible for a contestant to move very quickly through a division. The Board has tried to slow the process down. You will see the new rules do that. The J & J committee also had another more far reaching idea.

There was work on implementing a plan that would reduce the points in novice and intermediate to 0. More or less start over.

We didn't implement that idea because we didn't feel we knew how enough people felt about something that would change the contest so much. So please get back to me with your opinions, on both the changes we have made as well as this one we did not. I would like to hear from all club members who would like to comment, but especially novice and intermediate competitors. I don't always reply quickly to E-Mails, but I do eventually and I'm always at the club on Thursday.

My main goal in this discussion was not to start a new program that offended people. Dancing is supposed to be fun. I don't think I know what most of the Club thinks on any of these issues so please tell me. And remember, we want "less work and more dancing".

So, until next month I'll see you out dancing.

Have fun, Bill  
[garrity\\_4@hotmail.com](mailto:garrity_4@hotmail.com)



**President  
Bill Garrity**

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## August Finals Jack and Jill Photos



Thank you to Marta  
for all the hard work as  
Contest Coordinator  
for the past season.  
It's hard work  
and you did it well.

Photos from the Anniversary Party  
will be in the November issue

Thank you to LP  
for your work  
as Head Judge  
for the past season.  
Good Job

Photography by Shadow! Nightwing

# Halloween Party

October 27th

6245 E. Bellevue Street- from 7-10:30pm

## Costume Party Theme



Costume Parade



So get into some character!!!!!!!



Please Participate and Help with Decorating that will begin at 5pm

**WELCOME TO WEST COAST SWING DANCE CLUB** by Jane

Keep in mind that each instructor of West Coast Swing may teach the same move a little differently depending on the instructors own style.

Since West Coast Swing is an interpretative dance, there are many variations on the same moves.

As you learn this dance, you will develop your own style.

It is important to develop good, strong, clean basics.

Practice the moves that you

learned each day.

Repetition will speed up your learning process.

Listen to music and learn to c o u n t .....  
1 2 3 and 4 5 and 6  
or Walk -- Walk -- Triple Step  
-- Triple Step

Not all music will have this rhythm.

Dancing is a sport, so warm up, cool down, stretch, and drink lots of water.

The most important equipment for dance is the

proper footwear. Shoes should have a smooth bottom. Shoes should be able to swivel on the floor. Sneakers, sandals and flip flop shoes are not advisable. Ladies heels should be stable and not be too high.

Guys, take keys and cell phones out of your pockets.

Be aware of others on the dance floor.

Good manners are always appreciated.

Welcome to the Club.

**About Changes to Jack & Jill Rules** by Jim Davis

The new Jack and Jill competition season starts **October 6th**. There have been some rules changed over the last couple of years; every competitor should get a copy of the current J&J rules (and read them!) but here's a summary of the changes:

- points are now only awarded for 1st, 2nd, or 3rd place. In the past 4th and 5th place finishers earned points too.

- **first** place is now worth **5** points, **second** place **3** points, and **third** place **1** point, instead of the 7 5 3 system we've used in the past.

- competitors in novice or intermediate do not automatically advance to the next higher division once they've earned 32 points.

Novice or intermediate competitors who have at least 32 points may request an evaluation from the club's Dance Director, and the Dance Director decides if the competitor is ready to advance.

- actually any club member may request an evaluation from the Dance Director regardless of how many points they currently have, and compete in whatever division the Dance Director decides they are ready for. But normally novice competitors should wait until they

have at least 32 points before requesting an evaluation to move to intermediate, and intermediate competitors should wait until they have at least 32 points before requesting an evaluation to move to advanced.

The Dance Director can put someone in intermediate or advanced who doesn't have 32 points yet -- but competitors should be realistic about their dance level and the time it takes to improve enough to succeed at the next level. Once in a while there will be someone who can jump from novice to advanced in the same season, but it's rare.

**New Members**

Bradford Turner  
  
Joanne Miller  
(Blues Cubed)

The Dance Director is  
Lisa Brink

**Beginning in October NEW Members can join the club at a discount for the remainder of this calendar year and the entire year of 2006 for only \$30.00**

See Jane at the desk:  
  
Video and CD Rentals \$5.00 with a \$20.00 deposit  
  
And our Jack and Jill Contest now on CD for only \$5.00 to purchase

## Invited Instructor of the Month Spotlight—September



Thank you to  
James Hood  
for assisting Wendy  
with the  
September instruction

### New Contest Information

Due to  
New  
Changes  
to the  
Jack and Jill  
rules

New  
Contestants  
**or**

Those with  
32 points  
**or**  
those  
wishing  
move on  
to another  
Division

Will be  
evaluated  
by the  
dance  
Director

Their will be  
evaluation  
for level  
placement  
on the last  
Thursday  
of each  
month

My performance career began at the age of 3 on the stage of our bay window seat, with my brother operating the curtain. I informed my parents that since I was a serious dancer, it was time to sign me up for ballet lessons.

My first dance partner was a doll my size with straps on his feet. I would strap him to my feet and we would dance all over the house. He was a great dance partner, although he followed better than he led.

My Dad was my first human dance partner. We danced at weddings, dinners with live bands, or whenever we got the chance. He was wonderful and I was so proud.

In school, I guess you could say I was a dance geek. Fortunately it was the 70's and disco was in, so a bunch of us would bring in our Bee Gees and Michael Jackson records, stay inside for recess, and do the hustle. We even had parties every Friday night to play spin the bottle and have dance contests.

Since then I have spent thousands of hours in dance classes, rehearsals, performances and competitions. One of my greatest joys, however, is teaching. I have been teaching dance in one form or another, off and on, since I was 16.

Currently, I teach two classes at O-T-O dance: creative movement for 4-7 yr. olds and beginning jazz for teens and adults. I also teach a technique and movement class for west coast swing dancers on Tuesday nights at Studio West.

Most of my teaching time is spent in private lessons. I enjoy the one-on-one contact that best lends itself to my somewhat unusual, intuitive teaching approach. I prefer to teach from the inside out, drawing on each person's unique talents and life experience to make their dancing effortless and joyful.

I travel frequently to national swing dance conventions to learn, dance, and compete. This dance is evolving very rapidly, and these conventions are where the changes take place.

I am inspired by many of the top professionals competing on the national circuit. My favorites are the ones who retain and willingly share their love of social dancing, not just competing. Some of these favorites are not even the top names that everyone would recognize.

When I ask myself how dancing has enriched my life, I smile and wonder how I could ever separate the two. Through dancing I have found a profession I truly love, many dear friends at home and across the country and the man of my dreams. For me, dancing is similar to seeing and speaking. It is a means of experiencing the world, as well as communicating with others. I know that as long as I am breathing I will be dancing, even if only in my dreams.

**Invited Dance Instructors for October**



**Ellen and Hondo**  
are back with us for the month of October.

It's really an honor to have these two talented instructors with us this month.

Make sure to attend their lessons at the club and you will benefit from their instruction.



**Ellen and Hondo**

**Ellen and Cruz**



Ellen Colonna Grootegoed will be the Head Judge Starting off the new contest season

And

Terry Waters will be our Contest Coordinator



**Blues<sup>3</sup>**  
Halloween  
Costume Party

**Saturday, October 29**

8:00 pm to 12:00 pm Cover Charge \$5

7 pm – Learn how to WEST COAST SWING

**Jane Morgan**

will teach a series of moves so you can get out there and do the dance that was created for the Blues

**La Mision de San Miguel**

335 McKeown Ave. (Patagonia)

(520)-394-0123

[www.lamisionpatagonia.com](http://www.lamisionpatagonia.com)

[www.BluesCubed.com](http://www.BluesCubed.com)

*I hope to see many of you out in Patagonia on Saturday night October 29. Last time we were there it was a blast.*

**Rust & Associates, LLC**  
**JAN C. RUST, EA, CLDP, REALTOR**

**Tax Preparation, Real Estate,\***  
**Notary, Paralegal Services**  
**9865 E. Creek St. Tucson, AZ 85730**  
**520-275-6634/520-721-7962**  
**jcreeator@aol.com**  
**Real Estate offered through Tierra Realty**

Paid Advertisement

# October 2005

Sun      Mon      Tue      Wed      Thu      Fri      Sat

						1
2	3	4	5 West Coast Wednesdays held at Arizona Ballroom See Rosanne	6 <b>CONTEST</b> DJ Jim B Hondo and Ellen Instructors	7	8 Happy Hour At the Holiday Inn Palo Verde 7-9 pm
9	10	11 <b>Board Meeting 7pm</b>	12 West Coast Wednesdays held at Arizona Ballroom See Rosanne	13 DJ Ron Hondo and Ellen Instructors	14	15 Newsletter Deadline
16	17	18	19 West Coast Wednesdays held at Arizona Ballroom See Rosanne	20 DJ Scott Hondo and Ellen Instructors	21	22
23	24	25	26 West Coast Wednesdays held at Arizona Ballroom See Rosanne	27 <b>HALLOWEEN PARTY</b> DJ Joe Hondo and Ellen Instructors	28	29 Patagonia La Mision Blues Cubed See Advertisement
30	31					

Thursday dances: 6245 E. Bellevue Street 520 745-0255 [www.tsdclub.net](http://www.tsdclub.net)

Beginning lesson 7-7:45pm Intermediate lesson 8-8:30pm Dancing until 10:30pm

## Dance Spots

### Greater Phoenix Swing Dance Club

4853 E. Thomas Road, Phoenix  
 WCS lessons 5-7pm Sunday  
 followed by open dancing until 10pm  
 Find them on the web  
 at [www.gpsdc.com](http://www.gpsdc.com) for more details

**Paid Advertisement space is available to provide more Dance Location information**

### Basic West Coast Swing Lessons

By Hondo Velasco and Jane Morgan

**6-week class at Robinson's May**  
 El Con Mall 3rd floor – Oasis Center  
**7-9 pm Mondays**  
**520 206-6468**

Refer to the Pima Community College Catalog  
 for class registration dates.  
 Partners not required

(Thank you Al Henderson for all your years of generosity. Jane)

**Paid Advertisement**

### Ten Tunes from DJ – Scott Miller

1. Natural Man - Lou Rawls
2. Temptation - Dianna Krall
3. My Father's Son - Joe Cocker
4. Love Potion #9 - Barrett
5. Mary Had A Little Lamb - Stevie Ray Vaughn
6. California Dreaming - Queen Latifa
7. Lucy's - Mindi Abair
8. Mm, Mm, Mm - Patti LaBelle
9. Miracles - Res
10. Comes Love - Peter Cincotti

## Arizona Dance Classic

### Invitational J&J:

L Perez and Melody Cochran, **4th**

### Advanced J&J:

Tim Perez and Ellen Colonna, **2nd**  
 Bob Brown and Gail Myers, **5th**

### Intermediate J&J:

Cruz Dominguez and  
 Lori Sunderland, **5th**

### Novice J&J:

Jim Davis and Susan Berry, **2nd** .

**Other finalists:** Rich Criderbring,  
 Gail Vamadeva, and Chris McLean.

### Intermediate Strictly Swing:

Cruz Dominguez and Christine Jessup, **3rd**

### Novice Strictly Swing:

Jim Davis and Lisbeth Bergstrom, **1st**  
 Chris and Heather McLean, **2nd**

*I apologize if I left anyone out or misspelled your name.  
 Please tell me so I will be correct in the future.  
 Thanks Jane.*

### DJ Scott Miller



*Scott dancing with April*

### Contest Points

**First**  
**5 points**

**Second**  
**3 points**

**Third**  
**1 point**

**TSDC**  
**Happy Hour**  
**Second Saturday**  
**Each month**  
**also**  
**See:**  
**Rosanne Crago**  
**For details on**  
**West Coast**  
**Wednesdays**  
**at Arizona Ballroom**



*Jane Morgan Editor*



For the  
 November Issue of  
 the TSDC Newsletter  
 I would like to  
 interview  
 all of our  
 various judges  
 "what do you look  
 for in a contest  
 performance?"  
 Please send your  
 response to  
**tsdcnewsletter**  
**@gmail.com**

Let Your  
 TSDC Newsletter  
 Editor Know:  
 Dance Convention  
 Winnings by our  
 TSDC Members  
 And  
 Announcements  
 Before the 15th  
 Deadline  
 date

Take West Coast Swing OUT into the community. We are all walking advertisements for TSDC. Spread the word. Carry free passes in your wallet or pocket. Hand them out often. Dancing is good exercise. Dancing keeps you young and healthy. Dancing is good for the spirit. Dancing is good for your reflexes and balance. Teach the young people in your life the JOY OF DANCE.

KEEP MOVING –KEEP GROOVING –KEEP IMPROVING

**October Birthdays**

James Sebastian  
October 4

Virginia Parchment  
October 4

Janice Shasteen  
October 7

Don Adamavich  
October 10

Debbie O'Sullivan  
October 16

Dona De Clusin  
October 16

Bill Wieboldt  
October 19

Lars Odsather  
October 21

Shadow! Nightwing  
October 21

Gail Vamadeva  
October 26

Tom Phillips  
October 28

Lori Elliott  
October 29

**Advertise to Your Fellow Club Members!**

Support TSDC by advertising in the newsletter. Send camera-ready ads and checks payable to the Tucson Swing Dance Club to: TSDC, P.O. Box 32226, Tucson, Arizona 85751-2226, or email a Postscript file of your ad to tsdcnewsletter@gmail.com and drop your check in the mail.

**Must be received by the 15th of the month for the following month's newsletter.**

Issues	1	2	4	6
Business card	\$7	\$13.50	\$25	\$35
Quarter page	\$14	\$27	\$50	\$68.50
Third page	\$19.50	\$37.50	\$65	\$95
Half page	\$25	\$45	\$70	\$100
Full page	\$40	-	-	-
Single-sided insert	\$50	-	-	-
Double-sided insert	\$80	-	-	-

**TSDC 2005-2006 Board**

**Elected positions:**

President Bill Garrity  
 Vice President Wayne Scheibe  
 Treasurer Shadow Nightwing  
 Membership Jim Davis  
 jaydavis1@earthlink.net  
 Corporate Secretary Laura Loman-Pressler

**Appointed directors:**

Music Director Jim Buchanan  
 Sergeant-at-arms open  
 Hospitality/Publicity Director Marta Buchanan  
 Dance Director Lisa Brink  
**Appointed coordinator:**  
 Contest Coordinator Terry Waters  
 Newsletter Editor Jane Morgan  
 Photographer Shadow Nightwing

**Our club has new TSDC Free Passes with a map on the back.**

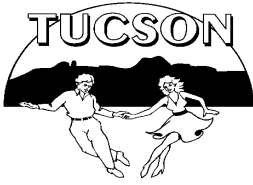
**Carry a few in your pocket or wallet and pass them out to people who may want to visit our club for their first time.**

**When your out on the town dancing people are watching and wishing that they could dance like that. Give them a Free Pass.**

*Thank you to Jim Davis and Marta Buchanan and Jo Getchen for helping me, Jane, to get this newsletter off the ground for my 1st issue.*

**Get in FREE during the week of your Birthday**

**STOP THE PAIN OF YOUR DIVORCE**  
 or Broken Relationship  
 Get Help Fast  
 from a Certified Hypnotherapist  
 Get over it Quicker and get on with your Life!  
**S. NIGHTWING CHT. MNLP. CPC.**  
 Relationship and Marriage Guidance  
 Divorce and Grief Counseling  
 Emotional Baggage and Roadblocks Removed  
*Free Initial Consultation*  
 520-256-6801



P.O. Box 32226  
Tucson, AZ 85751-2226

We're on the WEB!  
WWW.TSDC.NET

*Swing Dance Club*

## **Tucson Swing Dance Club**

**The only place to be on Thursday**

### **Free pass**

This pass entitles \_\_\_\_\_  
to a free beginner's lesson at the Tucson Swing Dance Club, compliments of

\_\_\_\_\_

who is a club member. **Good for the first visit only.**

**Tucson Swing Dance Club - 6245 E. Bellevue - 520 745-0255 [www.tsdc.net](http://www.tsdc.net)**

**Beginning Lesson at 7pm**  
**Intermediate Lesson at 8pm**  
**Open dance till 10:30pm**

**Member entry donation \$3.00**  
**Guest and non members \$5.00**

**Annual membership \$25.00**

**Hot Line phone #520 745 0255**

## **Dance Lessons At the Club**

Each month the club dance instructors teach the beginning patterns in West Coast Swing. Students may start the lesson sequence on any Thursday.

**First Thursday of the month:** Left side pass, underarm turn, underarm turn with a hand change, and the right side pass.

**Second Thursday:** 4-beat starter step, throwout, closed basic.

**Third Thursday:** Sugar push, tuck throwout, turning basic.

**Fourth Thursday:** Basic whip, whip with an inside turn, whip with an outside turn.

**Fifth Thursday:** Basket whip and variations.

We recommend taking the basic class for three months before going on to the intermediate class. Intermediate classes teach pattern variations, combinations, and syncopations beyond the basics.