

The Tucson Swing Dance Club's February 2011

# *Newsletter*

## This Month

**Matthew Loukopoulis** is the volunteer dance instructor for February.

- Thursday, February 3<sup>rd</sup>: Don't miss our amazing Guest DJ, **Erica Lyons**, who's here all the way from San Diego.
- Tuesday, February 8<sup>th</sup>: Board meeting 7 pm at Village Inn, 4245 E Speedway Blvd. All members are welcome.
- Thursday, February 10<sup>th</sup>: **Pete Green** workshops at 6:30 and 7:30pm. Wear red for our Valentine's celebration. **Scott Miller** is the DJ.
- Thursday, February 17<sup>th</sup>: **Ron Gonzales** is the DJ.
- Thursday, February 24<sup>th</sup>: Evaluations for J & J contests. **L Perez** is the DJ.



*Nick Moor and Sylvie Morel-Seytoux have a blast as they dance their way to first place in January's Intermediate J & J.*



*Jane Morgan glides across the floor with Harvey Dong in January's Advanced J & J.*

## Upcoming Events

- Thursday, March 17<sup>th</sup>: St. Patrick's Day Party. Bring a dish to share for the potluck and **WEAR GREEN!**

## President's Message

As President of the Tucson Swing Dance Club, it is my pleasure to welcome you to another edition of our fantastic monthly newsletter. This newsletter keeps you up to date with our club activities. For those of you who own businesses and want to let our members know what you do, we offer very low advertising rates (which are posted on the last page of this newsletter).



It was a HUGE pleasure to hang out with our former President, James Hood, and his beautiful wife, Tamra, at the Palm Springs New Year's Eve Dance Camp. Our loss has been Seattle's gain. Both are fantastic people, dancers and teachers. I miss them. It was a blast ringing in the New Year together.

It was an even bigger pleasure watching our own Wendy Miller and her partner, Ben McHenry, receive a standing ovation in the Champions J&J. The whole room erupted in applause and leapt to its feet in recognition of their outstanding dance. They placed 2<sup>nd</sup> but were without a doubt THE crowd favorite. Way to go Wendy!!

Recently, I attended two workshops with similar themes which reinforced the reasons why I love WCS so much. Both workshops focused on "dancing outside the box" or letting the music dictate your dancing as opposed to being a slave to patterns. The first one was conducted in Palm Springs by Kyle Redd and Sarah Van Drake, the second one in Phoenix by Benji Schwimmer just last week. Dancing to the music seems to make perfect sense, but isn't real easy to do. As Sarah, Kyle and Benji explained, it requires you to approach this dance from an angle which you will probably be very uncomfortable with at first. But in WCS it seems that everything is

uncomfortable in the beginning. Right?! They don't want us to just memorize patterns and dance like robots, but instead apply what we learn according to what is happening in the music. If you're saying, "I can't do that," don't worry. With the proper instruction, practice and time you'll be able to.

Dancing to the music doesn't mean throwing out proper technique. As all three explained over and over again, without proper technique you will never be able to interpret what you're hearing very well. You won't feel good and you won't look good. If you don't understand what a good frame means, what it means to lead with your body or your butt, keeping your chest over your feet or connection, I suggest you work with a coach who can help you with these concepts. It's essential to master basic technique before attempting to "do yo' thang" to the music.

Speaking of coaches, on Feb 10<sup>th</sup> TSDC is hosting a fantastic workshop featuring National Champion Pete Green. I've never attended one of Pete's workshops, so I'm really looking forward to doing so. Watching Pete on the dance floor shows you that he dances outside the box for sure. Pete will actually conduct 2 workshops and at \$10 for both of them, you know that this is a screaming deal. \$10 also includes dancing after the workshops. This is a great time to apply what you learn in the workshops. At \$10 for the evening there is no reason to miss out on this night of learning and flat out FUN! Pete's workshops happen to fall on the night of our Valentine's dance, so wear **RED** and add a little more spice to the night!

## See You on the Dance Floor... Zo Carroll



# January Jack & Jill Results



## Novice Winners

- 1st-- CJ Wheelock  
Wendy Miller
- 2nd-- Brian Petrie  
Britny Delp
- 3rd -- Eric Wade  
Zofia Penrod



## Intermediate Winners

- 1st-- Nick Moor  
Sylvie Morel-Seytoux
- 2nd—Zo Carroll  
Mary Carroll
- 3rd—Matt Rounseville  
Vera Tucker



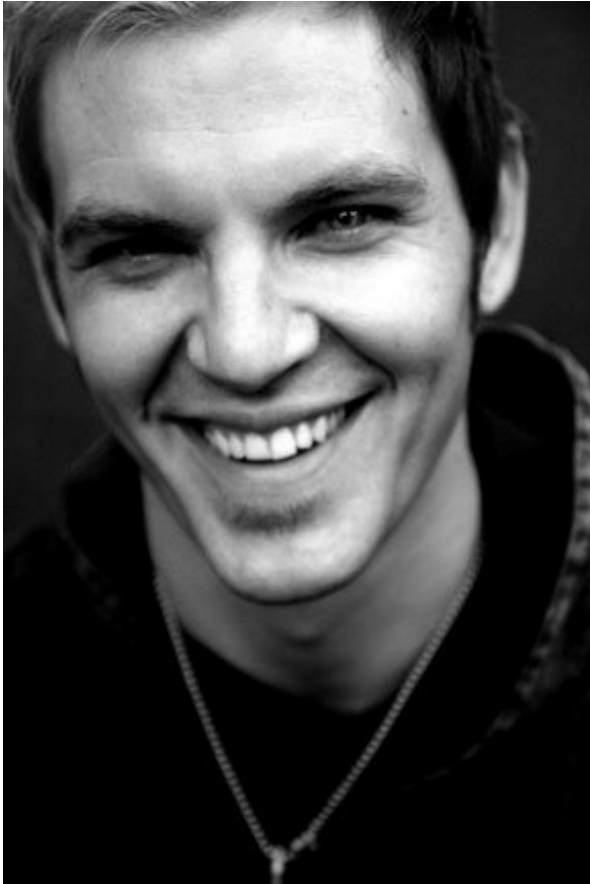
## Advanced Winners

- 1st—Don Bennett  
Jane Morgan
- 2nd— Harvey Dong  
Jane Morgan
- 3rd – Hondo Velasco  
Raquel Montanez



*The Tucson Swing Dance Club Presents  
National West Coast Swing Champion*

# PETE GREEN



**Thursday, February 10<sup>th</sup>**

**Workshops 6:30-8:30 p.m.**

**Dance 8:30-10:30 p.m.**

**\*\*\*DJ Scott Miller\*\*\***

**Two Exciting Workshops...  
One Amazing Price!**

**ONLY \$10**

**Includes Workshops and Dance**

Since **Pete Green** began dancing in 2001, he has been dancing and teaching non-stop. Quickly picking up both West Coast Swing and Lindy Hop, he is now a Champion dancer in both styles of swing. Drawing from ballroom, jazz, Latin, African, hip hop, and ballet, Pete brings a unique perspective and style to swing dancing. Over the course of 2007, he studied Alexander Technique and related somatic body works, and has incorporated these theories of movement, dynamic balance and tension release into his dancing and teaching. Believing that dance should originate from within, Pete places a strong emphasis on both the technique and the heart of the dance in his group and private classes.

***Workshops and Dance held at:  
Tucson Woman's Club  
6245 E. Bellvue Street  
Tucson, AZ***

***Pete Green is available for private lessons.  
Please call Ellen Colonna  
at (520) 548-6777 to schedule your lesson.***



# 2011 TSDC membership application

Annual membership donation \$25; dependent under age 16 \$5  
Mailing address: TSDC, PO Box 32226, Tucson, AZ 85751-2226  
**www.tsdc.net**

Name \_\_\_\_\_ Card number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Alternate phone \_\_\_\_\_

Birthday Month \_\_\_\_\_ Day \_\_\_\_\_ *Members get in free the week of their birthday*

Email address \_\_\_\_\_

How did you first hear about the Tucson Swing Dance Club?

Do you want a paper copy of the newsletter? Yes No *Save a tree and read it online!*

Release: I agree to abide by the bylaws of the Tucson Swing Dance Club, and I also agree to hold the Tucson Swing Dance Club harmless from all suits, claims, or damages of any kind arising from this activity.

Signature \_\_\_\_\_

Date paid \_\_\_\_\_ Cash or Check

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## Receipt for Tucson Swing Dance Club membership paid through December 31st, 2011

Name \_\_\_\_\_ Cash or Check

Received by \_\_\_\_\_ Date \_\_\_\_\_

This is your temporary membership card. You must show your card every week to enter the club at the member price. You will receive your real membership card in 4 to 6 weeks. Thank you for joining! If you have any questions please feel free to call on any board member.

**RENEW YOUR  
MEMBERSHIP**

You Must be a  
Current Member  
in order to Compete  
in Club Contests

Next J&J is March 3<sup>rd</sup>



**Interested  
in  
Competing?**



**EVALUATIONS  
are held  
the last Thursday  
of every month!**



**TSDC Dancers Shine Bright**



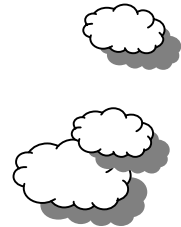
**at Palm Springs New Year's Eve Dance Classic!**

- Alexandra Devine.....Novice J & J Finals
- Zo Carroll.....Novice J & J Finals
- Zo & Mary Carroll.....Novice Strictly Swing Finals
- Nick Moor.....Intermediate J & J Finals
- Scott Miller.....Masters J & J Finals
- Scott Miller & Peggy Allen.....All-American J & J Finals
- Michael Miller & Wendy Miller.....All-American J & J Finals
- Wendy Miller.....2<sup>nd</sup> Place Champions J & J

***Congratulations ...You Rock!***

# Eric's Automotive Repair

Complete Auto, Truck and RV Repair



**3601 E. 44th St. #101**

**520-790-4441**

## February Birthdays

Members get in **FREE** the week of their birthday!

February 2 <sup>nd</sup>	Donna Condoulis
February 3 <sup>rd</sup>	Vera Tucker
February 3 <sup>rd</sup>	Tanya Witman
February 9 <sup>th</sup>	Lacey Petterson
February 11 <sup>th</sup>	Bill Garrity
February 14 <sup>th</sup>	Katy Rullman
February 16 <sup>th</sup>	Mary Eibs
February 17 <sup>th</sup>	Tina Mendenhall
February 22 <sup>nd</sup>	Randy Malak
February 22 <sup>nd</sup>	Randy McNellis
February 28 <sup>th</sup>	Terry Lim

## New Members

***Welcome...***

Alex Diekmann  
Michael Darter  
Scott King

***Ask a new member to dance!***

*Unfortunately, our rent for the Woman's Club has increased. Therefore, we need to charge more for our admission fee.*

***New Admission Rates  
Beginning February 3<sup>rd</sup>***

***\$4.00 for Members  
\$6.00 for Non-Members***

## Dance Lessons at the Club

Each month the club's dance instructors teach the beginning patterns in West Coast Swing. Students may start the sequence on any Thursday.

- First Thursday of the month: Left side pass, underarm turn, underarm turn with a hand change, and the right side pass.
- Second Thursday: 4-beat starter step, throwout, and closed basic.
- Third Thursday: Sugarpush, tuck throwout, and turning basic.
- Fourth Thursday: Basic whip, whip with an inside turn, and whip with an outside turn
- And in months with a fifth Thursday: Basket whip and variations.

We recommend taking the beginning class for three months before going on to the intermediate class. Intermediate classes teach pattern variations, combinations, and syncopations beyond the basics.

## About the TSDC

Founded in 1977 by Rose Marie Burrell, the Tucson Swing Dance Club has dances every Thursday night at the Tucson Woman's Club, 6245 E Bellevue Street. There are dances every Thursday night except on Thanksgiving or other major holidays.

Club instructors teach a beginning lesson from 7-7:45pm and an intermediate lesson from 8-8:30pm, with dancing until 10:30pm.

Admission is \$4 for members and \$6 otherwise; annual memberships cost \$25 and run from January 1<sup>st</sup> through December 31<sup>st</sup>. Members are also eligible to compete in the club Jack & Jill contests and can choose to get a printed copy of the newsletter. Anyone can read the newsletter online at [www.tsd.net](http://www.tsd.net).

## 2010-2011 TSDC Board

President: Zo Carroll

Vice President: Ellen Colonna

Treasurer: Heather McLean

Membership Secretary: Tom Grubaugh

Corporate Secretary: Vera Tucker

Sergeant at Arms: Bill Garrity

Head Judge: Ellen Colonna

Newsletter Editor: Mary Carroll

Contest Coordinator: Hondo Velasco

Dance Director: Tom Grubaugh

Music Director: Scott Miller

Club Photographer: Matt Rounseville

Website Administrator: Heather McLean

Publicity Director: Ewa Sikorski

Hospitality Director: Eleanor Schrandt

Workshop Coordinator: MaryLou Duckworth

## Contact Us

We now have email addresses for most of the club officers:

President: [president@tsdc.net](mailto:president@tsdc.net)

Vice President: [vp@tsdc.net](mailto:vp@tsdc.net)

Membership Secretary: [members@tsdc.net](mailto:members@tsdc.net)

Dance Director: [dance@tsdc.net](mailto:dance@tsdc.net)

Music Director: [music@tsdc.net](mailto:music@tsdc.net)

Hospitality Director: [hospitality@tsdc.net](mailto:hospitality@tsdc.net)

Website Administrator: [webadmin@tsdc.net](mailto:webadmin@tsdc.net)

Newsletter Editor: [newsletter@tsdc.net](mailto:newsletter@tsdc.net)

Mailing Address: Tucson Swing Dance Club  
PO Box 32226  
Tucson, AZ 85751

## Ad Rates

Email ads to [newsletter@tsdc.net](mailto:newsletter@tsdc.net) and send a check payable to the Tucson Swing Dance Club to TSDC, PO Box 32226, Tucson, AZ 85751. Deadline for submission is the 15<sup>th</sup> of each month.

Issues	1	2	4	6
Business card	\$7	\$13.50	\$25	\$35
Quarter page	\$14	\$27	\$50	\$68.60
Third page	\$19.50	\$37.50	\$65	\$95
Half page	\$25	\$45	\$70	\$100
Full page	\$40			
Single-sided insert	\$50			
Double-sided insert	\$80			

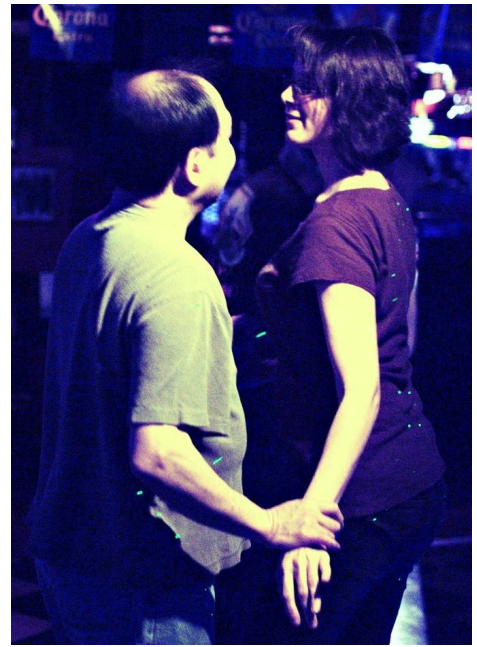
## Local WCS Instructors

If you're a current TSDC member and you'd like to be listed here, send your contact information to [newsletter@tsdc.net](mailto:newsletter@tsdc.net).

- Lawrence Bonfoey:  
[dontdelaydancetoday.com](http://dontdelaydancetoday.com)
- Ellen Colonna: 520-548-6777
- Matthew Loukopoulos: 520-248-7290
- Wendy Miller: 520-318-9236,  
[wendymillerdance.com](http://wendymillerdance.com)
- Lacey Petterson: 520-339-4643
- L Perez: 520-792-2067  
[www.myspace.com/L\\_Perez](http://www.myspace.com/L_Perez)
- Jeannie Tucker: [jeannietucker.com](http://jeannietucker.com)

**ADVERTISE**  
in the Newsletter!

Let other members know  
who you are and what you do!



Tucson Swing Dance Club  
PO Box 32226  
Tucson, AZ 85751-2226

